# **MMS Global Training for Ecological Leadership**

### July 24 2021: The first Zoom meeting

## 1. Welcome to all the participants, Josephine

**2. Welcome by Irene Fernandes.** The commitment of the Society to LSAP on May 24, 2021 and the launching of this website for training for Ecological Leadership. Coincidence? Or Synchronisity?

#### 3. Welcome to all participants, Elly.

It is a great day...the day God has made, a new day in the long history of the Cosmos and all life.. A new day in Covid time....This moment gifted by the guidance of th Spirit. Welcome in the circle, a circle of love and deep resonance, because of the shared experience of our charism. Now is the time to share all the experiences and learnings of this website with you...everything is ready now. Welcome and I bow my head in respect for each of you...we are together and ready now to move. There is nothing extraordinary about it all, but it is very special. This is what happens when our hearts tune in to each other and all the life in the Cosmos. Thanking for the sisters in UEA, the pioneers and esp. Josephine and Imma. Their initiative of this global training.

#### 4. We welcome each other.

- **5. LSAP** and the Society. **PP** presentation by Josephine on LSAP. The PP will be send to all the participants.
- **6.** How the website came to be. Elly. On the site you find more information about the goal and purpose of the website. See: Page Learning Community. Purpose of the website. A worldwide learning community, in the service of the "New Normal". The spiritual leadership we need in this time of great shifts in human consciousness.
- **7. Info: How to use the website**. The data on the site, how to safeguard the materials. How to find your own learning community. Start such a community, as a part of the training also .
- **8. The growth of a learning community**: Resonance. The concept and meaning. The unconditional acceptance of the other. Speaking your own truth.

The inspiration: my experience with Conscious Evolution, a deep desire and vision. Covid time...now is the time.. The need for support, share our grief etc. and find a new vision to continue. Every experience and creative idea is needed. Each one of us has so much to share and contribute. "Your heart is not your own. Ownership is an attribute of the mind. There is only one heart in the whole universe. It is the same heart experienced in different degrees by all of life.

A New Earth is possible when we drop into the freedom of our shared heart. But is we stay on the balcony of the mind we will only end up painting the same old wounds on a dark and crowded canvas of the future." James O'Dea If we share from our own heart the shared life of the universe is expanding!

The New Normal": **sharing and learning in circles..** The circle: symbol of community of life. Where we gather in circles, energy is bundled.. Then we are in the flow of energy of community of life. **Everything happens in circles, in the whole universe...It is the most important pattern of life...So let us create circles of sharing and reflection.** 

In the coming weeks: Create your own learning community. Imagine each of you gathering people in a circle to learn, share , inspire and be inspired, pass on hope and joy... See what happens...

#### Write down what comes to your vision, insights, ideas

Make a Gratitude Journal. We grow in strength to face all that is happening to the Earth and the whole community of life, if our gratitude grows. Much has been lost already, but we can move with what is still left... Every day a new item to be grateful for, to bless creation. We have to learn how to bless....

Take time outside and hear the Earth speaking to you! Notice un expected happenings and encounters, with another creature..

Our Creator invites us to be a co-creator.

Our Earth, humanity, community, individual is not helped by you feeling small an incapable of changing something .Be as great as you meant to be.

## Do for yourself several times the meditation Creating Resonance. How to connect with each other at soul level.

You find this a meditation in Learning Community, nr. 6 You can use this meditation for your own deepening. Or make your own version to be used each time when a group meets in the circle to share and learn together. Find your way to build Resonance in a group. To be able to do that is a task and a quality of the trainer in Ecological Leadership. Watch these films if possible in groups, so that you can share, rejoice and grief and dream together. We are together in all of this and each creature on Earth is as vulnerable. So let us be together in taking it all in.

- **Choosing life** : Coleen and Duane Elgin. On the growing planetary crisis, our opportunity to meet this crisis consciously with hearts wide open.
- **Breaking Boundaries:** David Attenborough and scientist J. Rockström: planetary thresholds we must not exceed. Can we still protect the Earth's life support systems. Find it in You tube or in the mail with the links.

# 9. After the first Zoom meeting. Some reflection

It was a great coming together. I was overwhelmed by the presence of each one of you. What a deep desire to be reconnected again with the Earth and look eyes wide open, ready to listen to the cries of our Sister The Earth. Laudato Si: Intro PDF Module 1, nr 8 Thank you for being there and we hope to see you all back in two week time. It gives us as team a bit of time to see how we can navigate such a meeting with so many. We will manage and find ways.

Share the input of Josephine and Irene where needed and possible to other MMS. Spread the good news of where we are moving, led by the Spirit.

The real work happens in your own heart: in study, prayer and reflection. We will try to make the Zoom meetings as effective as possible. Do not expect too much from the Zoom meeting. It is meant first of all for us to be in that creative, safe and loving place with each other. From there the best in each one of us can emerge.

Being surprised by the size of the group you understand there will not be much opportunity for personal sharing in the zoom meetings. Than there will be ways for input, deepening and guiding the process. Therefore, do the sharing in your own learning group that you will create. Write some thing down, an insight, vision, idea, experience. We can create a platform for gathering this all. If you have ideas let Josephine and Imma know. In our next meeting we can share more about this. I hope by now you will know if you are going to commit to the whole process. I promise us an inspiring and beautiful journey. If possible be present each time.. Your energy and inspiring presence cannot be missed.

### The second zoom session is August 7. Same time.

- We will look back at the Learning communities starting and growing...
- We will go deeper in the page Spiritual Leadership for Our Time and the Spiritual guide for our time.
- To prepare yourself: one baseline question, If you are involved in guidance work in any form ask yourself how you help other people in trying to live in this tumultuous time. How do you help people to find direction, hope and the courage to live? What is the vision, paradigm in your guidance work? How do you help people to grow in love for the Planet and all her Life? What are your questions.
- You can also go to Module Earth Connection nr 3,6 Assuming Spiritual Leadership in Our Time. How to grow as a spiritual leader for our planet.

# **A MORNING PRAYER**

FROM Celtic tradition, after Christianisation

# I arise today

Through the strength of Heaven Light of sun Radiance of moon Splendour of fire Speed of lightning Swiftness of wind Depth of the sea Stability of earth Firmness of roc I arise today

Through Gods strength to pilot me Gods eye to look before me Gods wisdom to guide me Gods way to lie before me Gods shield to protect me

From all who shall wish me ill Afar and anear Alone and in a multitude Against every cruel Merciless power That may oppose my body and soul

Christ with me, Christ before me, Christ behind me, Christ in me,

Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise, Christ to shield me

Christ in the heart of everyone who thinks of me,

Christ in the mouth of everyone who speaks of me I arise today.

