

THE FIVE LESSONS OF EVOLUTION

Five lessons to move us forward

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Here are five lessons to help us to find vision and direction to move forward.

If we go back far enough we see patterns in the Cosmic story.

They offer us a guideline for this moment in time.

1. Quantum leaps are part of the tradition of nature

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- Here quantum means a leap from one situation into a next one. The great change and the new reality that emerges is not the result of the gradual growth and development of further situations.
- An example: the moment from non -life to life on Earth.

The impossible, the unheard of arises.

This is the way consciousness seems to develop.

2. Crisis is the threshold to transformation

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- **Not adaptation but radical newness is the way of nature.**
- **Problems are triggers and invite to change and creativity.**
- **Global ecological crisis is an invitation to newness.**
- **To expect the unexpected: openness**

3. Holisme is part of all reality

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- **All of nature mirrors a tendency to wholeness.**
- **In every situation there is the attraction to greater wholeness.**
- **Oneness makes diversity stronger.**

4. Evolution creates beauty and beauty will last

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- **The person, the community, the system ,
all parts of reality that grow in
consciousness, will bring forth beauty.
This is the gift of consciousness.**
- **Beauty will last!**

5. Evolution moves toward consciousness and ever greater freedom

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- The movement of Evolution is towards ever greater consciousness and consciousness creates freedom.
- With ever greater freedom, grounded in our identity of who we are in the community of all life, we will live and act!
- *Imagine the freedom emerging from your growing consciousness as a person, humanity, community !
Follow the movement!*

To conclude

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The lessons you are learning in your life
time now,
will soon become teachings to those
around you.

Source:

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- Conscious Evolution ISBN 1-57731-016-0
- Barbara Marx Hubbard
- Elly Verrijt, 2009